



# Family Law & Mediation



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## I've heard of "Collaborative Family Law" – How do I know if it's for me?

You're part of a growing trend of people who have heard about the Collaborative Process, but aren't sure if they want to "buy in" to the process.

You may have read my article a while back introducing collaborative law as structured process which offers families an alternative to court in resolving their family matter, including separation, divorce, and other matters. It allows parties to focus on what is important to them and to their families in order to reach an acceptable solution. The parties and their lawyers form a core team, working together in 4-way meetings to address and creatively resolve legal and non-legal matters affecting their family.

This process may be for you if you agree with most of these statements:

1. I want to maintain respect for the other party while I move through this process
2. I want to protect our children from the effects of our separation or divorce
3. I want an agreement which reflects my core values and what is important to me
4. I want to be able to put our differences aside to arrive at a mutually acceptable long-term plan for our family's future



COLLABORATIVE  
PRACTICE

Resolving Disputes Respectfully

5. I can behave ethically towards my former partner
6. I want to maintain control over the process

Your lawyer will discuss with you the various options for resolving your dispute. The Collaborative Process is but one of the options. It is important to choose the right option for you.

Feel free to contact Stephanie to answer your questions or to set up a consultation. Archives of all articles can be viewed at [www.kindrachukdobson.com](http://www.kindrachukdobson.com).



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